MILES OF Delights

TRAVEL CONSCIOUSLY

How to spot and report human trafficking

Travel connects us with people all over the world. Knowing the signs helps you look out for them, too.

HUMAN TRAFFICKING, DEFINED

According to the U.S. Department of Justice, human trafficking is a crime that involves compelling or coercing a person to provide labor or services, or to engage in commercial sex acts. The coercion can be subtle or overt, physical or psychological.

WHAT TO WATCH FOR

1. **CONTROL AND COERCION**
   No ID, money or phone. Monitored, escorted or followed closely.
2. **BEHAVIORAL RED FLAGS**
   Fearful or withdrawn. Avoids eye contact.
3. **TRAVEL-RELATED RED FLAGS**
   Few belongings. Unsure where they're going, where they're staying or who they're meeting.
4. **WORK-RELATED RED FLAGS**
   No contract. Unsafe working conditions.

WHO TO CONTACT IF YOU SUSPECT TRAFFICKING

STAY SAFE

Don't confront the trafficker or the victim.

NATIONAL HUMAN TRAFFICKING HOTLINE

1-888-373-7888

Or text 233733 (BEFREE)
24/7 · confidential · 200+ languages
humantraffickinghotline.org

IN AN EMERGENCY

Call 9-1-1 in the U.S., or notify local authorities wherever you are.

Sources: U.S. Department of Justice, the National Human Trafficking Hotline, and global anti-trafficking agencies and organizations. Want to learn more, or find ways to support anti-trafficking efforts as you travel? I'm happy to share what I've learned.

Questions about traveling consciously? Let's talk.

Email me →

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