MILES OF Delights

TRAVEL ESSENTIALS · ROAD TRIPS

Road trip packing list

Let's go for a ride. The best road trips leave room for the farm stand, the scenic overlook and the small-town bakery you didn't plan on. Pack these, and the essentials stay within reach so you can say yes to the detour.

DOCUMENTS & MONEY

- [ ] Driver's license
- [ ] Health, auto and travel insurance info
- [ ] Rental car agreement
- [ ] Roadside assistance info
- [ ] Printed itinerary
- [ ] Hotel confirmations
- [ ] Emergency contact list
- [ ] Directions downloaded for offline use
- [ ] Road atlas
- [ ] Quarters for laundry, tolls and meters
- [ ] Cash for local vendors
- [ ] Credit and debit cards
- [ ] Copies of IDs, stored separately

EASY-ACCESS ITEMS

- [ ] Phone (to take lots of pictures)
- [ ] Refillable water bottle
- [ ] Hand sanitizer
- [ ] Moisturizing lotion
- [ ] Lip balm
- [ ] Toilet paper pack
- [ ] Tissues
- [ ] Individually packaged snacks
- [ ] Bonine or Dramamine
- [ ] Ginger chews
- [ ] Phone and electronics chargers
- [ ] Power bank
- [ ] Stain remover pen

OUTDOOR ADVENTURES

- [ ] Sun hat or visor
- [ ] Sunglasses
- [ ] Poncho or rain coat
- [ ] Umbrella
- [ ] Binoculars
- [ ] Packable blanket or towel
- [ ] Sunscreen
- [ ] Bug repellent
- [ ] Reusable shopping bags



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ON-THE-ROAD ESSENTIALS

- [ ] Playlists, podcasts and audiobooks
- [ ] Roadside emergency kit
- [ ] Flashlight with extra batteries
- [ ] Microfiber towel for windows
- [ ] Seat cushion or lumbar support
- [ ] Travel blanket
- [ ] Neck pillow
- [ ] Cooler for snacks and drinks
- [ ] Trash bags and a small bin
- [ ] Paper towels
- [ ] Paper or reusable plates
- [ ] Reusable utensils
- [ ] Reusable baggies in a few sizes
- [ ] Binder clips and rubber bands
- [ ] Wet wipes
- [ ] Headphones
- [ ] Hot/cold bag for market finds
- [ ] Scissors or a Swiss Army knife

ROOM ESSENTIALS

- [ ] Poo-Pourri
- [ ] Laundry soap sheets
- [ ] Laundry bag (keep it off the floor)
- [ ] Dish soap
- [ ] Motion-sensor night light
- [ ] Multi-plug outlet
- [ ] For better sleep: eye mask, earplugs, travel sound machine
- [ ] Book or other in-room entertainment
- [ ] Small packable games
- [ ] Travel journal
- [ ] Pens
- [ ] Favorite tea bags or snacks
- [ ] Slippers or flip-flops
- [ ] Pillowcase (if you're prone to allergies)

HEALTH & WELLNESS

- [ ] Prescription medications
- [ ] List of doctors and contact info
- [ ] First aid kit
- [ ] Neosporin
- [ ] Vitamins
- [ ] Allergy medication
- [ ] Hydrocortisone cream
- [ ] Ibuprofen or Tylenol
- [ ] Antidiarrheal
- [ ] Pepto-Bismol
- [ ] Tums
- [ ] DayQuil/NyQuil
- [ ] Throat lozenges
- [ ] Pedialyte powder or Liquid I.V.
- [ ] Thieves oil
- [ ] Lysol spray or Clorox wipes
- [ ] Glasses wipes
- [ ] Nail clippers and file

TIPS FROM THE ROAD

PACE Take a break every 2½ to 3 hours, and fill up on gas early and often. **WATER** Keep it within reach. Large jugs cut down on plastic, and many hotel lobbies and fitness centers have refill stations. **SNACKS** Free breakfast? Tuck fruit or a muffin in your bag for later. Easy road snacks: oatmeal cups, chicken or tuna packets, PB&J, protein bars, trail mix.

Bring the dream. I'll find the delights.

Start planning →

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